

## **Generalized Curriculum**

Each country will have a slightly different curriculum according to its own culture and values. We will do our best to create an individualized curriculum per group that coincides with our aims, but includes interesting activities that fit well with the particular host country. It is important for this program to be an exchange of ideas across the world instead of one fully generalized curriculum; however, all of the activities that are presented in the different groups will achieve the same purpose that the program proposes. Not all sessions will be performed in this particular order as some countries may have different schedules for their academic terms.

### **Session I: Practicing an Introduction**

- Ice breakers between the primary mentor and the students
- Discussing strengths and weaknesses with an emphasis on what the individual students would like to take away from the program
  - Discuss strengths to encourage confidence
  - Discuss weaknesses to encourage feeling comfortable talking about imperfections
- Will address the way in which we present ourselves and the effect that word choice can have in an introduction

### **Session II: Getting a Secondary Point of View**

- The Secondary Mentor is invited to give a talk about their journey, while also sharing life advice and their unique points of view. This talk should connect to aspects of leadership in their lives.
- Leadership and team role/behavior activity following the talk

### **Session III: Writing your Journey (Must come prior to Breaking the Virtual Ice)**

- First Sea-talk\* with another group:
  - Discussion Topic: How many qualifications should we meet before we apply?
- This topic will discuss how to write about yourself for multiple purposes including CVs, Cover Letters, Resumes, and Personal Statements
- At the end of this meeting, there will be a “homework assignment” to list a couple of areas of interest (i.e. what they’d like to do in the summer or general project ideas), geographical locations (i.e. where they’d like to undertake this project), target audience (i.e. who they’d like to target) etc. and search for the best worldwide institutions and people they’d like to work for or people who could help them achieve/promote their project. They should attempt an email draft prior to the next session.

### **Session IV: Breaking the Virtual Ice (Best if covered a 3-4 months prior to the summer)**

- The first part of the meeting will cover how to write emails to professors/industry professionals/other public figures for possible summer placements or project help. Primary Mentors will give feedback on the emails and general communication tips.

- The second part of the meeting will discuss email conversations, how to respond to emails, and how to have an effective interview over Skype.

#### Session V: Listening with the Intent to Act

- Second Sea-talk\* with another group:
  - Discussion Topic: How to deal with sexism in male dominated fields? Why do we think this happens and how can we respond to it?
- This meeting will involve how to share positive and critical feedback with others as well as how to receive it
- This topic will include an activity that allows the students to develop their listening skills, but will aim to show them how to act upon the feedback that they receive

#### Session VI: Making Others Listen (Must be covered prior to the Value of Eight Minutes Session)

- This topic will provide presentation techniques for the students in both creating visual presentations and giving oral talks
- There will be multiple small activities that will allow the students to practice their presentation skills
- At the end of this meeting, the Value of Eight Minutes Project\* will be assigned for the following month

#### Session VII: The Value of Eight Minutes

- During this meeting, the group of students will give their 8 minute project presentations that were assigned the previous meeting over a giant Sea-talk with all of the groups in the entire program.
- Each group will take turns giving their presentation with a short Q&A period. This will allow the students to get out of their comfort zone while connecting with the different groups across the world. Each of the secondary mentors will also be present.

#### Session VIII: Reflect and Reunite

- During the last meeting, we will discuss the growth that has occurred over the past eight months, what each student has taken away from the program, and what ideas for the improvement of the programme they have
- The students will define future short term and long term goals that will help them be successful in any future path that they decide to take
- There will be a final fun activity that the students get to participate in